

How to take photos

- ✔ Make sure you wear **tight clothes**: tank top and leggings will do just fine
- ✔ Don't wear high heels

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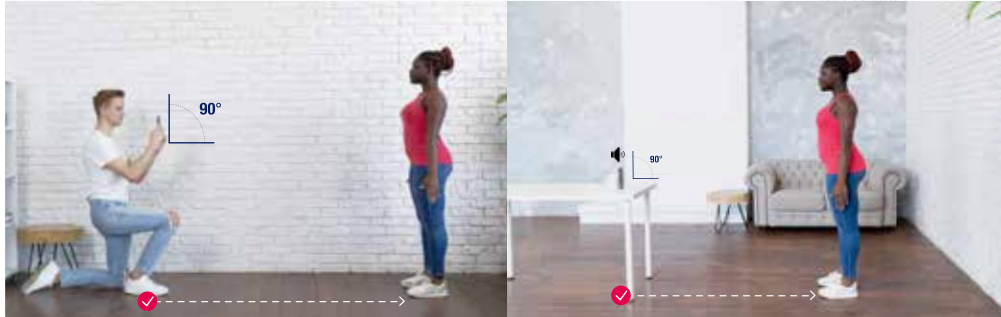
Friend Mode

Ask a friend to take a photo of you.

or

Hands-Free Mode

Take a picture by yourself.



- ✔ Keep the device at 90° angle at the waistline. Stand 3-4 steps away

- ✔ Stand your phone upright on a table, turn up the volume

2

Front Photo

Requirements



- ✔ Head looking straight ahead
- ✔ Keep the posture straight
- ✔ Straight arms are 6 inches (15 cm) apart
- ✔ Legs are 7 inches (18 cm) apart

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Side Photo

Requirements



- ✔ Head looking straight ahead
- ✔ Keep the posture straight
- ✔ Arms are rested on the sides of the thighs
- ✔ Legs and feet are standing together

Wrong postures

! Front Photo



Arms should not be put on the hips, crossed behind the back, or over the head



Legs and arms should not be together



Don't lean over



Don't tilt the head

! Side Photo



Arms should be placed with the line on the pants



Legs and feet should be together



Don't slouch



Don't stand in half-turn